



My name is: _____

To stay **SAFE** online and on my devices at school and home:

1. I only **USE** devices or apps, sites or games if a trusted adult says so.
2. I **ASK** for help if I'm stuck or not sure.
3. I **TELL** a trusted adult if I'm upset, worried, scared or confused about anything.
4. If I get a **FUNNY FEELING** in my tummy, I talk to an adult.
5. I look out for my **FRIENDS** and tell someone if they need help.
6. I **KNOW** people online aren't always who they say they are and things I read are not always **TRUE**.
7. I know that anything I do online can be shared and might stay online **FOREVER**.
8. I don't keep **SECRETS**  or do **DARES AND CHALLENGES**  just because someone tells me I have to.
9. I don't change **CLOTHES** or get undressed in front of a camera.
10. I always check before **SHARING** personal information like my full name and address etc.
11. I am **KIND** and polite to everyone.

My teacher has read out and explained these rules to me.

- I understand these rules are there to help keep me safe, and my friends and family safe.
- I understand that if I do not follow these rules the school may contact my parents/carers.

Year	Pupil's signature	Date
Reception		
1		
2		