



Strategy Statement for Physical Education (PE)



Our Shared Vision



Striving for excellence in everything we do

High Quality
Education for
ALL

Effective
home/school
and community
partnerships





Equality Mission Statement (Equality Act 2010)

We are committed to ensuring equality of educational opportunity and support for all pupils, parents, carers, staff and visitors irrespective of age, sex, race, disability, religion or belief, sexual orientation, pregnancy, gender reassignment and socio-economic background.

We aim to provide a fully inclusive school in which every person feels proud of their identity and is able to participate fully within the school community. We believe that a diverse school community is a strength which should be respected and celebrated by all those who learn, teach and visit here. These statements are enshrined in our school motto, 'Respecting One Another.'



Meet the PE Team



Mr Crowther (teacher/PE lead)



Mrs Giles (teacher)

Statement of Intent

Rationale

At Becontree Primary School, our curriculum aims to educate our pupils regarding the health and wellbeing benefits of exercise and enjoyment gained from contributing towards sports related activity. Through the delivery of effective and enjoyable lessons, our pupils ought to understand and demonstrate the tactical knowledge, physical attributes and skill-set to confidently partake in such pursuit. With the intention to inspire our children to seek both internal and external commitment to physical exercise and subsequently, living a greater and fulfilled life.

Promoting Personal, Spiritual, Moral, Social and Cultural Development and Fundamental British Values

In children, physical activity is critical for motor development, cognitive improvement, reducing body fat and helping to increase academic achievement. Through our curriculum, children are provided opportunities to contribute towards a wide range of lessons and sports which aim to challenge their ability of self-discipline, to abide by specific rules, work as a team, show mutual respect for each other and apply problem solving skills.

As children at Becontree Primary School love learning in PE , they become...

Effective Communicators through:	Responsible and caring citizens through:	Active Contributors through:	Successful and independent learners through:	Confident and ambitious individuals through:
encouragement to participate in conversations, listen to others, respond appropriately and take turns to speak during lessons feeling that their contributions are valued and being taught to respond thoughtfully to others modelling subject specific PE language clearly and effectively by teachers with expectation for pupils to include it in their responses 	supporting each other's learning following instructions demonstrating a mutual respect in games working as a team 	participating in lessons cooperating alongside peers and staff sharing ideas and opinions demonstrating performances applying strategic thinking 	seeking ways to improve applying instructional feedback demonstration of good listening skills intrinsic motivation encouragement of self-study 	self-pride in performances providing feedback striving for the best intrinsically motivating applying teacher feedback sharing ideas and opinions 

What does an athlete do?

Always prioritise their health and fitness

- exercise
- eating healthily
- drinking water
- sleeping enough

Set goals for themselves

Practice skills daily

Understand the rules of the game/sport

Research their chosen sport to always strive to improve

Committed and passionate towards their sport/activity

How do we encourage children to become athletes?

We provide quality lessons with appropriate resources to engage the children.

We focus on the build-up of skills and knowledge.

Our teachers are confident teaching PE and inspire children to achieve.

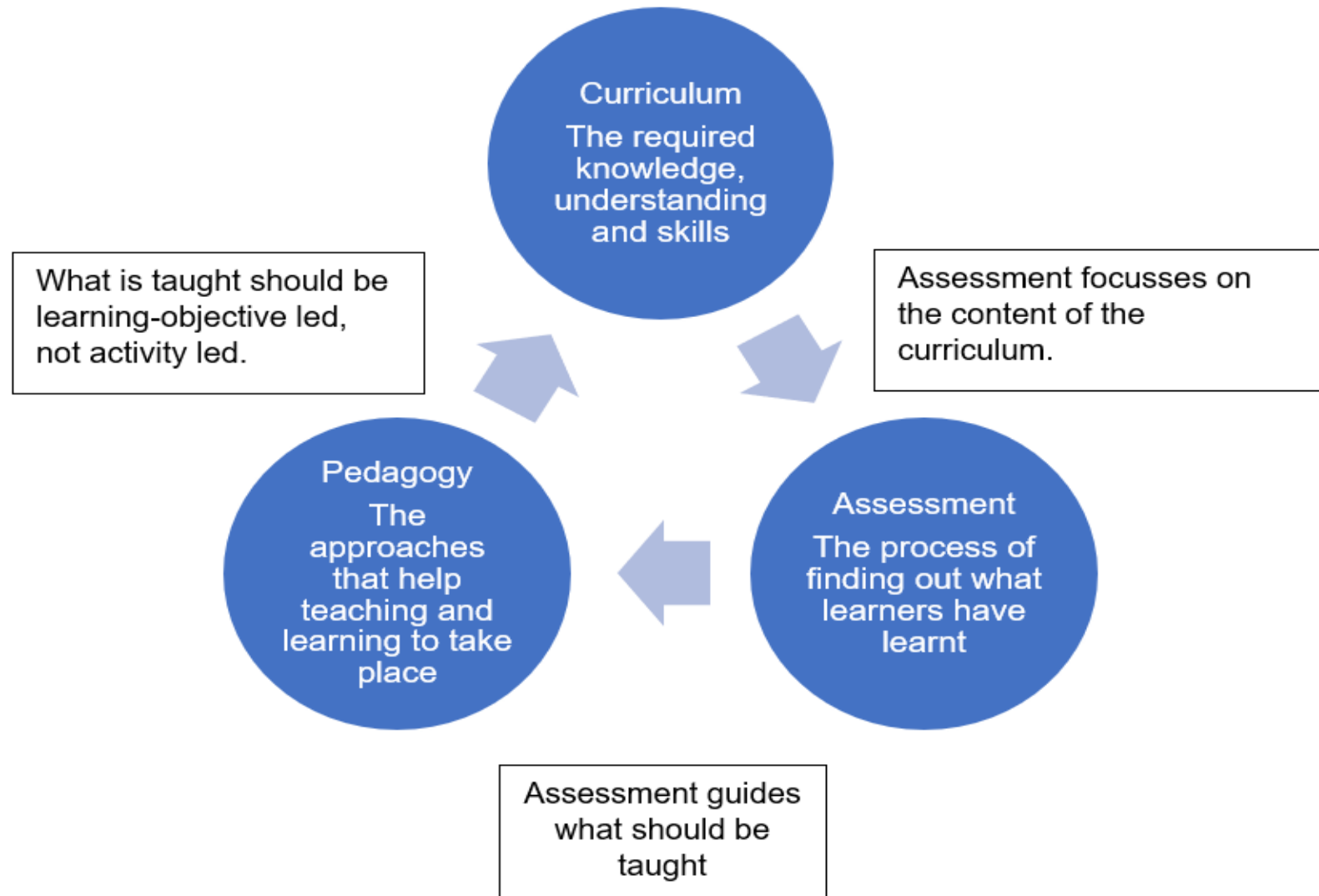
We educate children about the sporting activity and the rules involved.

We educate children about fair play and competing against others.

We educate children about being healthy.



Our Curriculum Coherence model is broadly made up of three parts: Curriculum, Pedagogy and Assessment.



Teaching and Learning Approach (Pedagogy)

Planning and delivery of learning to meet the needs of all children

- PE is taught for 2 lessons per week of 1 hour each.
- Usually a class will have 1 indoor PE session and 1 outdoor PE session.
- Most outdoor PE sessions are taught by the sports coach OR the PE lead. The sports coach supports PE lessons in EYFS from Autumn B.
- We use a new scheme called 'Get Set for PE'.
- The lessons have been mapped into a whole school overview by the PE lead and it is an expectation that these are followed precisely and that any changes are discussed with the PE lead.
- Knowledge and skills are taught explicitly and units demonstrate progression from one year group to the next.
- All children can access the learning as some support activities/tasks are differentiated if needed. This is built into the planning sessions. Peer support and clear teacher modelling supports ALL children to access lessons.
- In year 4, children do swimming lessons weekly for the whole year. (This counts as 1 of their PE sessions)
- A range of teaching approaches and resources are used to support learning.
- PE is also support by other physical activities and opportunities such as clubs at lunch and after school.

Developing Long-term knowledge retention

- Focus on key skills and knowledge.
- Similar structure to the teaching of PE lessons supports build-up of knowledge and skills that are transferrable from one activity to the next. e.g. ball skills, gymnastics etc.
- Teachers have easy access to information about prior learning through the Curriculum Folders and are able to check and re-cap regularly.
- Revisiting of particular sports/activities in PE but in greater depth
- Warm up discussions should always acknowledge prior knowledge before lesson begins

The following are our key beliefs about when and how children learn best.
We believe children learn best when...



...they are taught by well-trained staff who are passionate about teaching and learning.	...they are valued and treated fairly and respectfully.	they have a growth mindset.
...they are given the right level of support and challenge.	...they are interested and engaged.	...new learning makes links with and builds on prior learning.
...they understand the learning objectives and know what success looks like.	...they have opportunities to learn with and from others (collaborative learning).	...they receive regular and timely feedback (from both teachers and peers).
...they are given enough time to practise, consolidate and apply new learning.	...they are taught in a physical space that is conducive to and supports effective learning.	...there is a strong partnership between home and school.

Curriculum

Developing Teacher Subject Knowledge	• In school, and external, training and development opportunities. • Shared practice e.g. sports coach team teaching in EYFS. • The scheme is developed to support teachers with different levels of experience. • Teaching and Learning reviews are used to identify areas for further development. • Opportunities for teachers to arrange conversation with PE Lead/sports coach if needed.
Health and Safety Considerations	• Playground is clean and clear of any dangerous/harmful objects or substances. • All equipment is audited to ensure safe to use. • Coach/teachers aware of those whom have medical issues. • Children to use the equipment safely and sensibly at ALL times following coach/teacher demonstration. • Earrings to be taped or taken off for PE lessons (only religious jewellery to be worn if unable to remove). • Children to use HI-VIZs when travelling to and from swimming or any external event. • Children to behave accordingly when attending swimming lessons. • Swimming hats must be worn in the pool (goggles are not mandatory). • We expect children to wear an appropriate PE kit and shoes on PE days.
Enrichment opportunities	• Special events such as Sports Day and Dance events. • Opportunities created for further development of sport e.g. after school and lunch time clubs (run by Y6). • Opportunities created for competitive sporting events. e.g. athletics and football. • Wellbeing and sporting challenges set during half terms. • Festivals to engage our lowest 20% and less active children held within the Borough.
Parent and Community Links	• Parent helpers assisting on special days eg sports day. • School reports comment on progress. • Photos of events are uploaded to the website. • Home Learning projects such as the Wellbeing challenges.

Finding out what Learners Know

Evidencing Learning Outcomes

- The main way to assess children's knowledge and skills in PE is to speak to children and to observe them doing PE activities.
- Ongoing Formative Assessment.
- Checking Prior Learning. Using Curriculum Folders and warm up discussions.
- Exit tasks to check End points. E.g. competition between peers to show knowledge and skills learnt.
- Online files are used to evidence learning in lessons.
- Display boards in corridors reflect a selection of topics.

EYFS/ARP/KS1 PE Overviews

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1 	Fundamentals : Unit 1 	Dance : Unit 1 	Ball Skills : Unit 1 	Gymnastics: Unit 1 	Games : Unit 1
Reception	Introduction to PE : Unit 2 	Fundamentals : Unit 2 	Dance : Unit 2 	Ball Skills : Unit 2 	Gymnastics : Unit 2 	Games : Unit 2
Year 1	Fundamentals	Gymnastics	Dance	Fitness	Dance	Team Building
	Target Games +	Ball Skills +	Sending and Receiving +	Striking and Fielding +	Invasion +	Athletics +
Year 2	Fundamentals	Dance	Fitness	Gymnastics	Team Building	Yoga
	Ball Skills +	Sending and Receiving +	Striking and Fielding +	Net and Wall +	Athletics +	Invasion +

KS2 PE Overviews

Year 3	Fundamentals Y3/4	Dance	Gymnastics	Fitness	Dance	Yoga
	Ball Skills Y3/4	Football	Hockey	Handball	Athletics	Cricket
Year 4	Tennis	Netball	Dance	Gymnastics	Rounders	Athletics
	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Year 5	Fitness	Volleyball Y5/6	Dance	Dodgeball	Badminton Y5/6	Yoga
	Handball	Hockey	Football	Rounders	Athletics	Cricket
Year 6	Netball	Football	Basketball	Cricket	Volleyball Y5/6	Athletics
	Dodgeball	Dance	Gymnastics	Fitness	OAA	Rounders