

Becontree Primary School

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Headteacher: Mrs M. Ziane

Deputy Head (EYFS/KS1): Mrs C. Stock

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Dear Parents/Carers,

Relationships and Health Education (RHE): Proposed Policy and Curriculum

As part of your child's educational experience at Becontree Primary School, we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education. This gives our children the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

As you may already be aware, we follow the Department for Education's Relationships, Health and Sex Education (RHSE) guidelines. We teach this RHE scheme in Summer B.

The statutory guidance can be found at:

[Relationships Education, Relationships and Sex Education and Health Education guidance \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)

All schools are required, by law, to comply with the requirements, and deliver RHE lessons as part of the National Curriculum.

The guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships.

Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values to have safe, fulfilling relationships and help them take responsibility for their own wellbeing.

On our school website, we have information about our approach to deliver Relationships and Health Education (RHE) and Sex Education (Year 6 only) at Becontree Primary School. It also includes information about our policy, curriculum and examples of lesson resources.

Frequently asked questions and answers from the Department of Education can also be found at:

[PSHE and RHE | Becontree Primary School](#)

If you have any further questions, please contact the school and arrange a time to speak with myself, Miss Beckett, the PSHE lead.

Yours sincerely,

Miss Beckett

PSHE Lead

