

ADHD TRAINING FOR PARENTS/CARERS



A training and information session for parents and carers to give a better understanding of ADHD, to give strategies on how to manage a child with ADHD.

The training consists of a short presentation, followed by a Q&A session where individual issues can be addressed and further strategies suggested.



Date: 15th May 2024

Time: 10am

Venue: Will be notified upon booking



To book your place please send a text to
Just Say Parent Carer Forum on 07936 851199

Funded by London Borough Barking & Dagenham

**Barking &
Dagenham**

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