



## Children and Young People Disability Hub

**Barking &  
Dagenham**



### [Play and Communicate \(0-5 years with speech & language needs\)- 6 weeks programme – parent must call and book a space](#)

Come along with your child to explore different ranges of activities that support their communication.

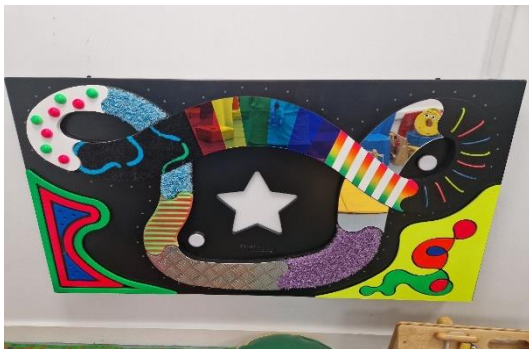
**Thursdays: 4:15-5:45pm**

### [Creative Minds \(6-10 years with SEND\)- 6 weeks program](#)

A group for children and their parents to enjoy songs & rhymes, an instrument station, a sensory chill zone and action songs & dance.

Siblings welcome. **Parent must call and book their child's space.**

**Mondays: 4:15-5:45pm**



### [Sensory room \(Booking Only\)](#)

Bring your child along to our sensory room containing a range of sensory equipment that will engage your child and help them develop their senses.

Also available a secure outside play area.

**Available to book Monday- Friday (9:00-4:00)**



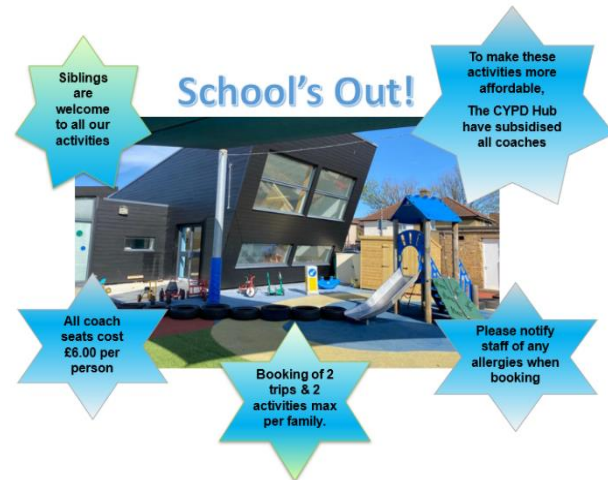
## Children and Young People Disability Hub

# Barking & Dagenham

### School's out programme (Booking only)

This is a programme for families with Children & Young People with additional needs living in Barking & Dagenham only. We offer activities & trips for you to attend with your child/children.

Our biggest programme is during the summer holidays, we will run a 3 weeks programme in August. Other short programmes will run throughout the rest of the school half terms.



### Duty appointments available (Booking only)

This is an opportunity for families with child/children with a diagnosed disability to seek advice and support confidentially with an Early Intervention Worker.

**Every Tuesday: 9:00am- 4:00pm**

### Coffee Morning (drop-in)

Please join us for tea/coffee and a biscuit. It would be an opportunity to meet other parent who have a child or children with special needs. A range of different support and advise will on the day.

**First Wednesday in every month – 9.30am to 11am.**

**Term-time only**



For more information on any of the above sessions please contact the Children and Young people disability hub: **0208 227 5500** or drop-in: **Becontree Community Hub, Stevens Road, RM8 2QR**



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## Shortbreaks 4 me grant

**Short Breaks 4 Me** is aimed at families that are residents of The London Borough of Barking and Dagenham, with children aged 1-17 years that have a disability or severe healthcare and cannot access leisure activities in the community without additional help or support. For example, they need constant supervision, 1:1 help or have a difficulty communicating. This may include some children who are eligible for Portage, Early Help or those with an Education Health and Care (EHC) Plan or a statement of Special Educational Needs (SEN).



## TRIPLE P STEPPING STONES PROGRAMME – (BOOKING ONLY)

8 WEEKS COURSE SUPPORTING PARENTS OF CHILDREN WITH ADDITIONAL NEEDS OR DISABILITY This eight-week Triple P (Positive Parenting Programme) Stepping Stones course aims to make parenting children with disabilities easier. The strategies will help you to learn more about positive parenting, discuss and share ideas and receive practical information about parenting skills that you can incorporate into everyday interactions with your child.



The Family Water Fun group was purposely designed for children and young people with disabilities/SEND, aged 12, and their parents/carers. Due to health and safety concerns, it was mandatory for at least one parent/carer to be inside the pool with the child or young person.

The Family Water Fun offered two session per week on **Wednesdays – 4pm - 4.45pm and 5pm - 5.45pm.**



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