



SCHOOL COUNCIL TRAINING SUMMARY 2018



TRAINING FOR NEW COUNCILLORS – (SEPT' 2018)



***“I thought that the new School Councillors were fantastic!
Some wonderful ideas and unique ones too,
which really bodes well for the year ahead”...***

Stephen Long, Personal and Professional Development Coaching

Councillors had the opportunity to discuss the following during their training session.

- **Ground Rules and School Council Constitution**
- **First Skill Activity: 3 Pictures - Lion, Snake & Bird**

Councillors had a choice of 3 animals to go and sit by their favourite animal and then they were moved to another option.

Key message: Councillors are representing their class's views and not their own. They may want one choice but their class may want something else. They must go with what their class wants them to do because they are representing them.



- **Second Skill Activity: 3 Pictures - Chocolate, Chips & Ice-cream**

Councillors were asked to choose their favourite out of all three choices, it proved difficult for some of them, as some wanted all 3! Making a choice is difficult when they are all popular so we **have to prioritise**. We prioritise by presenting a good argument for the choice made by the class that we represent or present in meetings.

Key message: Councillors need to prioritise (decide what to do first). If only we could do all the choices at the same time! But we can't. It is important to prioritise what needs to be done first.



Presentation is not like conversation. Presentation needs to be: Slower, Pausing, Well rehearsed/practised and Relaxed

There are **9 skills** to consider when presenting:

1. Speak **clearly**
2. **Pause** at the end of sentences
3. Speak **slower**
4. **Understand** what you are going to present
5. **Practise** what you are going to present
6. Make **good eye contact** with all the audience
7. **Relax**
8. **Smile** where appropriate
9. **Enjoy** your presentation

Councillors had the opportunity to evaluate themselves in each skill and overlook their progress throughout the year.



WELL DONE COUNCILLORS FOR COMPLETING YOUR TRAINING SUCCESSFULLY!