



Happy New Year!

New Year and Making Resolutions



Aim

- To understand when, why and how New Year is celebrated.



New Years Eve

New Year's Eve is celebrated on December 31st, the last day of the calendar year.

People enjoy getting together with family or friends and counting down the hours, minutes and seconds to the start of a brand new year. You might even be allowed to stay up extra late!

In London, Big Ben chimes to tell us when the new year has arrived, then a huge firework display takes place on the banks of the River Thames.

Click on the Big Ben to hear the chimes.



Welcoming a New Year

You might hear people singing 'Auld Lang Syne' to welcome in the new year. This is a very old poem written by a famous Scottish poet called Robert Burns.



What do you think it is about?

Should auld acquaintance be forgot,
And never brought to mind?
Should auld acquaintance be forgot,
And auld lang syne.

Chorus

For auld lang syne, my jo,
For auld lang syne,
We'll tak a cup o' kindness yet,
For auld lang syne.

Auld Lang Syne!

People join hands to sing, even the Queen has been spotted doing this!



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Happy New Year!

- New Year's Day is the first day of the New Year. It is celebrated worldwide and is a time of fun, remembering the past, and hoping for good things in the year ahead.

- New Year is a brilliant time to make changes.

- Many people make New Year's resolutions.

Making a New Year Resolution

New Year's Day is on January 1st and is often seen as a fresh start.

Many people like to make new year resolutions which are personal goals that they aim to work on throughout the year.

Anyone can make a new year resolution and some make more than one!

Some examples: Getting homework in on time, keeping your bedroom tidy, doing more exercise or eating more healthily.

Have you made any? What are they?



New Year's Resolutions

Have you
made any
New Year's
resolutions?

Is there
anything that
you may like
to give up?

Is there
anything that
you would
like to do
better this
year?

Could you
be more
helpful in
any way?

Some Examples...



I will try to work harder at school.

I will eat more vegetables and less sweets.

I will do some more exercise.



I will try to keep my bedroom tidy.

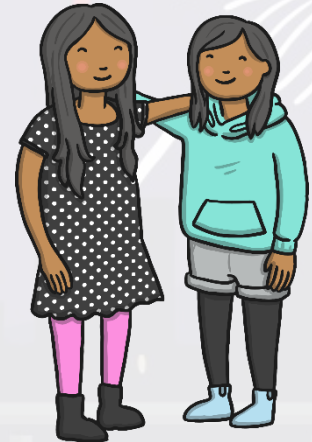
I will stop biting my fingernails.

I will smile more and be polite.



I will always get my work finished on time.

I will be kinder to my brother/sister.



Your Time to Change

To make a successful resolution, it needs to be:

Achievable. If it is not, you are likely to feel like you have failed.

Beneficial. It needs to be a change worth doing; something that will benefit you or others in some way.

Change. It needs to be a resolution that requires there to be a change of some kind, and that things don't carry on in the same old way. Embrace Change and don't give up.

Let's Pause for Prayer



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**What the new year
brings to you will
depend a great
deal on what you
bring to the new year.**

VERN MCLELLAN

