

Growth Mindset Assembly (KS1)

11.1.2021

Aim

- ▶ To learn about what a mindset is and the difference between a fixed and a growth mindset.
- ▶ To introduce Becontree's new *Growth Mindset Character*

What is a mindset?

Your mindset is your attitude.

It's about how you think and feel rather than what you can and can't do.

Fixed mindset

A fixed mindset means you think you can't get better at things, even if you practice. Wanting to quit, give up, or deciding we're just not good at something are all clues we have a fixed mindset.



Growth mindset

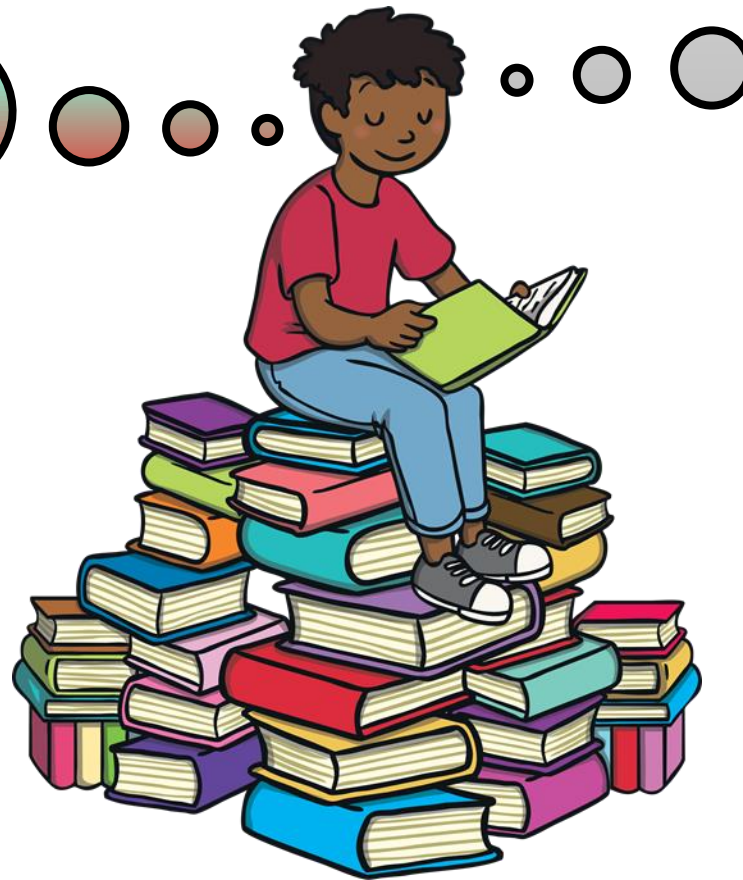
A growth mindset is believing in the power of yourself and your brain! We know our intellect and abilities develop when we try difficult things, use the right strategies, and don't give up. So a growth mindset is when we know, with practice, we will get better at something.



Fixed v Growth Mindset



Fixed v Growth Mindset



Fixed v Growth Mindset

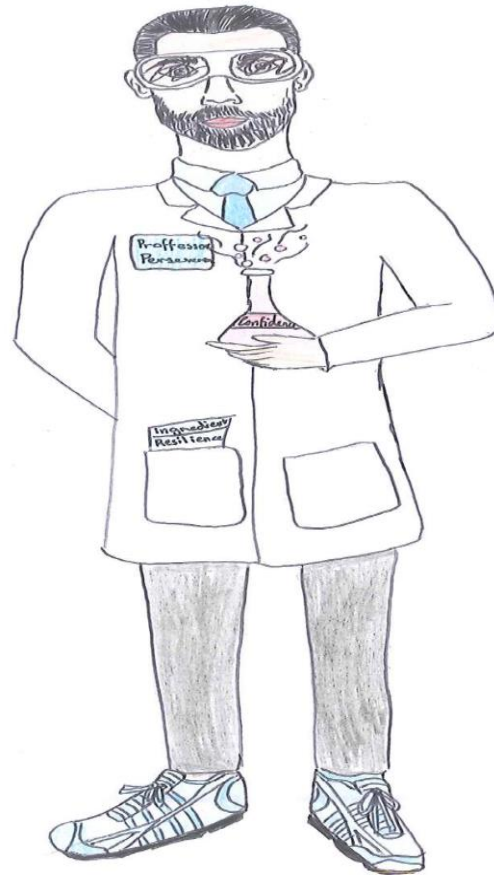


Meet Professor Perseverance

Doesn't worry if things go wrong

Doesn't give up and tries different ways to find a solution

Is confident to have a go



Has self-belief

Works hard

Is resilient

Has a desire to want to improve

Professor Perseverance's Mindset

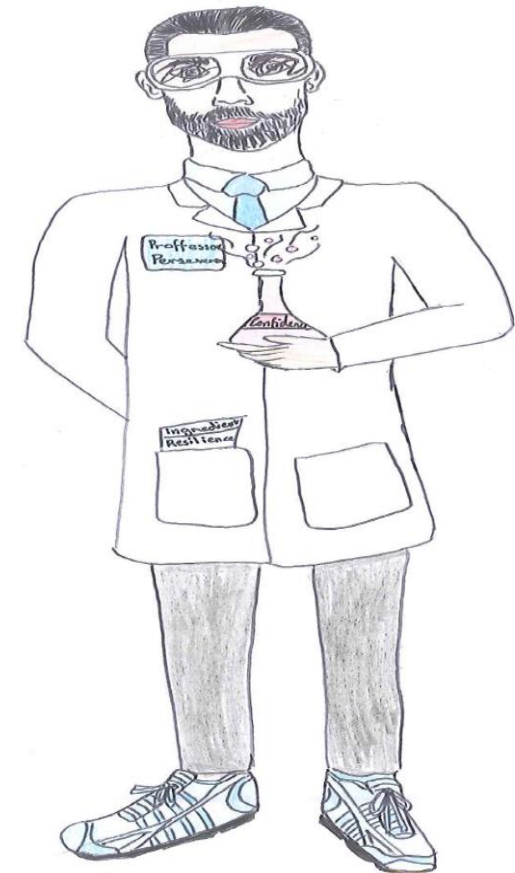
Professor Perseverance (by Eshal in 6P)

One afternoon, we were asked to do a task about pride, passion and love. Everyone knew what to do and got on to the task straight away, but Professor Perseverance didn't. They had no clue what to do so they just sat there and looked around the classroom. Professor Perseverance was feeling disheartened but that changed as he glanced up at the walls around the classroom. He remembered what a teacher had previously said that morning "Have a look at everything, everywhere". He listened to her and found a few ideas that made him feel gleeful. There were posters that said to 'never give up!'. Then he had the best idea about what to do. He thought that he should not try and find a solution to his problem. He looked around the classroom and used the ideas that he could see in his task. He made some mistakes, but he asked the teacher for help, as he wanted to improve. Once he had finished, he was asked to present his work to the rest of the class. He was in a buoyant mood as it was some of the best work he had produced.



Think about.....

- ▶ What mindset did Professor Perseverance show in the story?
- ▶ What character traits did he use?
- ▶ Have you ever had to persevere at something? How did you feel when you achieved it?

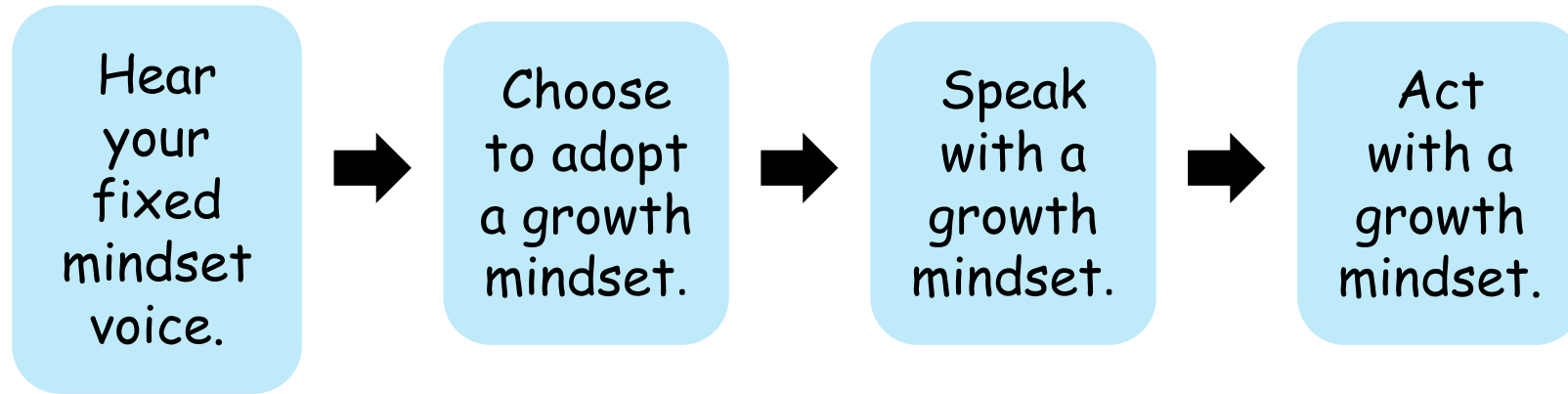


EYFS/KS1 Only

- ▶ If an adult sees you showing perseverance and character traits like Professor Perseverance then you could earn yourself a growth mindset badge.



Change Your Mindset



What will you do this week to show **perseverance**?