

Zenden Curriculum Newsletter

Spring A 2026



Welcome back or welcome to the Zen Den, we hope you've had a fun filled winter break. This half term, we will be focussing on our new topic "Colours and Light". Our curriculum learning will link, as far as possible, to this topic.

An overview of planning for this half term is available on the school website under the 'What We Do' section. This sets out all the subjects and learning that children will be doing every week.

<https://www.becontreeprimaryschool.com/>

As the days are so cold, please ensure your child has suitable clothes. We continue to use our outdoor spaces so a coat is vital. We'd also recommend a hat and gloves, all of which need to be clearly named.

Zen Den Expectations and Arrangements

PE days: Children may be supported to join their class for PE. Please refer to their year group newsletter so you know which days to send your child in their PE kit.

PE kit: Children are expected to wear plain black/navy bottoms, a plain black/navy sweatshirt, a plain white t-shirt and suitable footwear for running.

Snacks & water: Please ensure that your child brings a snack to school each day for snack time. They also need a water bottle.

Spare clothes: Our learning in the Zen Den revolves around play and this includes lots of messy and water play. We do provide aprons but would appreciate a spare set of clothes in your child's bag.

Intimate care: For those children who are in either nappies or pull ups, please ensure there are wipes as well as the nappies / pull ups in your child's bag each day.

Home Learning Information

Our Home Learning Strategy can be found on the school website.

<https://www.becontreeprimaryschool.com/home-learning-strategy/>

Home learning, we encourage all of our Zen Den families to try:

- **Regular communication/conversations** with your child to promote their oracy and communication skills. This can include the use of pictures or Makaton signs.
- **Daily Reading with and/or to your child** each day. It is essential that you are sharing books with your child. They may be picture books or text-based books depending upon what your child enjoys and will engage with. Some of our children are confident readers. If this is the case for you, please encourage your child to read to you as well as listening to you read.
- **Turn-taking games** with parents and/or siblings.

Encourage independence and self-help skills, including toileting, dressing and undressing.

Our Zen Den Team



Ms Garbarz



Mrs Dobbs



Mrs Cawdron



Mrs Lucas



Mr Chapman



Mrs Humm



Mrs Anderson



Ms Reilly

Key Events and Dates this Half term

January				
Monday	Tuesday	Wednesday	Thursday	Friday
5 Staff INSET Day School Closed to Children	6 	7	8	9
12	13	14	15	16
19 Online bookings open for Parent Teacher Consultations Road Safety Workshops this week 	20	21	22	23
26	27	28	29	30
February				
Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Parent Teacher Consultations 	4	5 Parent Teacher Consultations 	6 Safer Internet Day
9 Mental Health Week Activities completed in school 	10	11	12	13  Reading Holiday project shared 