


All about Me and My Family


Zen Den Medium term planning for Autumn 1a 2025

Pathway:


Pre-formal Engagement

Cognition, Learning and Engagement	Communication and Interaction	Personal and Social Development
<ul style="list-style-type: none"> ● Reacting to sounds or movements linked to stories about the beach or pirates ● Tracking a moving object (e.g. a character from a text linked to the beach, ocean or pirates) ● Engaging with sensory stories ● Exploring numbers ● Exploring shapes 	<ul style="list-style-type: none"> ● Beginning to use core and choice boards to indicate wants and needs ● Attempting to repeat sounds ● Making sounds through the use of sound buttons, toys and instruments ● Developing understanding vocabulary using symbols, signs and gestures (or words). ● 	<ul style="list-style-type: none"> ● Withstanding, recognising, acknowledging peers ● Reacting to others and noticing changes to their friends and the team ● Use of visuals to indicate what they like and dislike
<h4>My World Around Me</h4>		<h4>My Physical World Gross and Fine Motor</h4>
<ul style="list-style-type: none"> ● Showing interest in figures or toys from our key texts ● Recognising their own family in photographs ● Noticing changes in the classroom and playground environment 	<h4>My Creativity Music/Art/Drama</h4>	<ul style="list-style-type: none"> ● Combining 1-3 actions with greater independence (e.g. climbing up and sliding down, jump and land during sensory circuit). ● Threading, building blocks, peg puzzle ● Rolling on roller board ● Messy play ● Daily Sensory Circuit
<h4>My Independence Self-Help/Life Skills/Cooking</h4>	<h4>My Creativity Music/Art/Drama</h4>	<h4>Enhanced Curriculum Trips/Visits/Experiences</h4>
<ul style="list-style-type: none"> ● Beginning to manage own resources (e.g. lunch items, drink, coat). ● Taking next (individual) steps in toilet training to increase independence. ● Making requests through actions/gestures/object or symbol use (e.g. toilet, snack, drink). 	<ul style="list-style-type: none"> ● Expressing self through music (e.g. by moving, dancing or showing an emotional response, engaging with related props or objects, using instruments such as shakers and bells). ● Exploring different mediums in art sessions 	<ul style="list-style-type: none"> ● Visit our local library ● Centenary celebrations including open day ● Recycling week

Pathway: Semi-Formal Explorer

Cognition and Learning Early Development	Communication and Interaction	Personal and Social Development
<ul style="list-style-type: none"> • Daily sensory stories • Daily Attention Autism session • Tuff tray and 1:1 workstation activities • Cause and effect toys relating to family 	<ul style="list-style-type: none"> • Engaging in meaningful interactions with peers including turn taking • Communicating for a range of purposes, supported by visuals and Makaton as necessary • Greeting familiar adults and peers 	<ul style="list-style-type: none"> • Playing with and sharing figures and toys linked to our focus texts • Working together team building activities • Zones of Regulation - happy, sad and angry. • Turn taking during structured play
My World Around Me		My Physical World Gross and Fine Motor
<ul style="list-style-type: none"> • In ICT we will be learning about hardware • In Science we learning about our bodies and senses and lifecycles. • In History we will be comparing the past with the future and looking at key events from the past such as the London Olympics in 2012 	<ul style="list-style-type: none"> • Daily sensory circuit sessions • Fine motor skills sessions • PE sessions with class (where possible) • Swimming for children in Year 4 	<ul style="list-style-type: none"> • Daily sensory circuit sessions • Fine motor skills sessions • PE sessions with class (where possible) • Swimming for children in Year 4
My Independence Life Skills	My Creativity Music/Art/Drama	Enhanced Curriculum Trips/Visits/Experiences
<ul style="list-style-type: none"> • Beginning to manage own resources (e.g. lunch items, drink, coat). • Taking next (individual) steps in toilet training to increase independence. • Following and giving instructions during Lego Therapy sessions • Life skills sessions linked to 'asking for help' for children within ZDII 	<ul style="list-style-type: none"> • Music - stories told through song • Experimenting with instruments • Listening to music inspired by our family topic • Creating art work using a range of methods and mediums 	<ul style="list-style-type: none"> • Visit our local library • Centenary celebrations including open day • Recycling week

Pathway: **Semi-Formal Challenger**

English	Maths	Personal, Social & Emotional Development
<ul style="list-style-type: none"> • Sharing texts linked to family • Learning the features of non-fiction texts • Creating fact files • Sequencing events • Answering questions based upon key texts • Improving letter formation 	<ul style="list-style-type: none"> • Number work • Ordering numbers • Place value • Measure, shape and space 	<ul style="list-style-type: none"> • Daily Zones of Regulation check ins • Turn taking activities • Attending assemblies with home classes • Play time and lunch time with peers
My World Around Me ICT, Science and Humanities		My Physical World Gross and Fine Motor
<ul style="list-style-type: none"> • In ICT we will be learning about different types of hardware and how technology can support us • In Science we learning about our bodies and how our senses link to parts of our bodies. We will also be learning about lifecycles. • In History we will be comparing the past with the future and looking at key events from the past such as the London Olympics in 2012 	<ul style="list-style-type: none"> • Daily sensory circuit sessions • Mini circuits (within ZDII) • Fine motor skills sessions • PE or swimming lessons with home classes. 	
My Independence Life Skills	My Creativity Music/Art/Drama	Enhanced Curriculum Trips/Visits/Experiences
<ul style="list-style-type: none"> • Following and giving instructions during Lego Therapy sessions • Following transition schedules to encourage independence and regulation • Life skills sessions linked to 'asking for help' for children within ZDII which will include visiting different areas without our school community 	<ul style="list-style-type: none"> • Music - stories told through song • Experimenting with instruments and creating melodies • Listening to music inspired by our family topic • Creating art using a range of methods and mediums • Looking at the work of famous artists such as Picasso • Acting out 'problems' linked to our life skills sessions 	<ul style="list-style-type: none"> • Visit our local library • Centenary celebrations including open day • Recycling week